

A SCOPING STUDY TO IDENTIFY KEY ISSUES FOR THE MENTAL HEALTH OF OLDER PEOPLE

FOCUS GROUP PARTICIPANTS NEEDED Older people and carers

Researchers at the National Ageing Research Institute are working with the National Mental Health Commission to understand the key issues for older adults to maintain mental health and support those living with mental illness and their carers.

We are seeking older adults who live in the community or in residential aged care as well as family or friend carers of older people living with mental illness to participate in a focus group discussion.

We are keen to hear your unique insights about the mental health and wellbeing of older people, and how this can be better supported.

The focus group discussion will take approximately 1.5hrs and will be conducted at a location convenient to participants or online subject to COVID-19 restrictions.

To participate you must be

- Aged 65 years +, or aged 50 years+ if you are from Aboriginal and Torres Strait Islander background, live with HIV/AIDS or have an experience of chronic homelessness.
- You **do not need** to have personal experience of mental health problems to participate.

OR YOU ARE

- An adult (18 years+) family or friend carer of an older person living with mental illness.

Participants will receive an AUD\$40 gift card for their contribution.

Contact our team to learn more!

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Ethical aspects of this study have been approved by Bellberry Human Research Ethics Committee (HREC) HREC2021-07-856



Australian Government

National Mental Health Commission