



# Network Bulletin

12 March 2019

Welcome to our email bulletin for this week. If you are unable to open any links or attachments, please contact the Network on 6230 5796 or email [actmhcncn@actmhcncn.org.au](mailto:actmhcncn@actmhcncn.org.au).

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Of particular note in this bulletin, the Network would like to draw your attention to the following:

- **Upcoming My Rights, My Decisions workshops**
- **Forum: Productivity Commission Inquiry to economic impacts of mental ill-health**
- **Video Resource Discussion Group**
- **Quarterly Forum: Office for Mental Health and Wellbeing**
- **Call for participants for housing and mental health consultations**

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## 1. Drop-In Notice

The Network is very pleased to offer a venue for consumers to drop-in for a chat and a cuppa, or to use the computers or phones for their self-advocacy needs. We regret that on some occasions Drop-in needs to be closed and we are committed to informing members as early as possible when this will occur. The Network apologises for any inconvenience caused by Drop-In closures.

Drop-In is open Thursdays 10am to 1pm

When available, we will aim to arrange information and/or support sessions for consumers to encourage attendance and ensure consumers are receiving information that is important to them.

We are pleased to advise that Allie, a skilled volunteer, will be attending on Thursdays to support people attending Drop-In and work toward creating a calendar of information events for upcoming Drop-In sessions.

If you have any ideas for session topics, or if you have a skill you would like to share, please contact [dropin@actmhc.org.au](mailto:dropin@actmhc.org.au), phone the office on 02 6230 5796 or let us know during Drop-In.

## 1.1 Drop-In Openings and Closures

Drop-In will be open 12pm – 1pm Thursday 14th March.

### Coming Event

What: Feros Care Drop-In Information Session

When: 21 March 2019, 11 am – 12 pm

Why: Feros Care provides advice regarding NDIS, they can help you whether you would like to apply or you need support understanding your existing plan, they can assist by providing guidance and information. They can also provide information on alternative options if you are not eligible for NDIS.

## 2. Upcoming Network Events

### 2.1 Video Resource Discussion Group

The Network will be creating a series of short videos for the training and promotion of our Community and Peer Education Programs. As part of this project we aim to interview consumers and other stakeholders about consumer rights, mentoring, and the NDIS.

We need your help to develop the project through your participation in our upcoming discussion group on Wednesday 13 March 2019, 11am – 12.30pm.

These discussion groups will give members an opportunity to have input into the project (for example developing questions that could be used in the interviews).

### 2.2 FREE Consumer Representation Training

The ACT Mental Health Consumer Network will be running its Consumer Representation Training in March 2019. Please feel free to pass this information on. The attached flyer provides a summary that can be printed and distributed to interested consumers.

This training is for mental health consumers who would like to:

- Have more control in their lives
- Be able to ask for what they need and want
- Know their rights and responsibilities
- Learn about how they can contribute to making positive changes to mental health services in the ACT

Once participants have completed the Self-Advocacy Training, they can participate in our Consumer Representation Training which enables mental health consumers to become informed and confident Consumer Representatives, equipping them with the skills to represent consumers formally on committees involved in health service provision.

Consumer Representation Training educates mental health consumers about:  
Consumer Representation

- The consumer movement and systemic change
- The importance of human rights and legislation
- Skills for Consumer Representatives on committees

### **Upcoming Course**

Consumer Representation – Mondays, 18 March – 15 April 2019 (10:30am – 1:00pm)  
Location - ACT Mental Health Consumer Network, 20 Genge St, Canberra City

The courses are free and include light morning tea.

If you are interested in attending or just want to know more, please contact [education@actmhc.org.au](mailto:education@actmhc.org.au) or 6230 5796

### **2.3 Forum: Productivity Commission, Economic impacts of mental ill-health**

The Productivity Commission has announced an inquiry into the economic impacts of mental ill-health. The scope of the inquiry includes the role of mental health in supporting economic participation, enhancing productivity and economic growth. The aim is for the Productivity Commission to make recommendations to improve population mental health to support economic participation, enhance productivity and promote economic growth.

The Network will be hosting a forum to hear your views on the issues this inquiry is exploring. Your views will form the basis for our submission to the Productivity Commission, which has a deadline of Friday 5 April. The details of the forum are:

Date and time: Monday 18 March, 2-3.30pm  
Location: Members Area, ACTMHCN Office

If you cannot attend the forum, we would still appreciate your contribution to the submission. A list of the questions the Productivity Commission has asked is attached to this email. You do not have to provide an answer to every question, but if there are any that you feel are particularly relevant or important to you, please feel free to provide as much detail as needed to address those questions.

For further information, or to RSVP, please reply to this email, contact Terri Warner (Policy Officer (Temp)) on [policy@actmhc.org.au](mailto:policy@actmhc.org.au), or call the office on (02) 6230 5796. Terri will be accepting written responses until 22 March. These can be emailed, posted or dropped at the office. You can also make an individual submission or comment and lodge it directly with the Productivity Commission at <http://www.pc.gov.au/inquiries/current/mental-health/submissions> .

### **2.4 Free My Rights My Decisions training**

The My Rights, My Decisions program supports consumers to express their views and preferences about their mental health treatment, care and support. Based on the Mental Health Act 2015 (ACT), the program helps consumers to be empowered and express



themselves while they have decision-making capacity, so that their views are taken into account by their treating team if they have reduced decision-making capacity in the future.

When: 11am – 2pm Friday 22 March and Friday 29 March

Where: Members Area, ACT Mental Health Consumer Network, Level 2, Room 11 Griffin Centre, 20 Genge St Canberra City

Please register by 20 March to [peer.education@actmhc.org.au](mailto:peer.education@actmhc.org.au) or 6230 5796 if you wish to attend, and advise any dietary requirements.

### 3. For Your Information

#### 3.1 Safe Harbour Support Group



MENTAL  
HEALTH  
SUPPORT  
GROUP

## Safe Harbour

Do you experience symptoms of depression, anxiety or other mental health conditions?

Do you want to gain support, share your experiences in a non-judgemental setting and learn strategies for dealing with it?

We can learn from each other.

We are a grassroots support group not affiliated with any other program.

The aim of the group is to find a "safe harbour" with peers and learn more about dealing with mental health challenges with a supportive group of like-minded peers.

Meeting Monday evenings 6.00-7.30 in March  
Gungahlin Library Training Room 1.  
5, 12 and 19 March February 2019



[listenconsumers@gmail.com](mailto:listenconsumers@gmail.com)

### 3.2 ILC Economic Participation of People with Disability Grants - now open

The National Disability Insurance Agency (NDIA) has opened a new grant round to improve the economic participation of people with disability across Australia. Eligible grant activities could include:

- Capacity Building for Employers - build the capacity of workplaces to attract, employ and retain people with disability.
- Pathways to Employment – projects that build employable skills of people with disability in workplace settings.
- Fostering Entrepreneurship – projects that build capability for people with disability to develop and maintain successful self-employment.
- Other – other innovative projects to increase employment of people with disability.

Applications close 2pm, 13 March 2019.

### 3.3 FREE Public Seminar - Making the Most of Your Health Dollar

How can you save on medicines, immunisations and any health appointment? These topics and more will be discussed at a free talk offered by the Health Care Consumers' Association.

6:30 pm - 8:00 pm

Thursday, 21 March 2019

Maitland House (right hand building in the old Hackett Primary School)  
100 Maitland St, Hackett

Refreshments provided. Free and easy parking available. Bus stop (Action Bus 2) is 300 m away.

RSVP to the Health Care Consumers' Association (HCCA) by Monday 18 March 2019 on ph: 6230 7800 or [adminofficer@hcca.org.au](mailto:adminofficer@hcca.org.au)<<mailto:adminofficer@hcca.org.au>>.

### 3.4 Recovery College Training

The Recovery College is going full steam ahead, and would like to extend an invitation to attend training run by MIEACT (Mental Health & Well-being Education & Training Providers).

- Monday 18th March (9:30 - 12:30): 'Do NO Harm Safe Storytelling'
- Thursday 21st March (9:30 - 12:30): 'Stress Better for Adults' and 'Change for Adults'

The College is interested in feedback on whether these courses might be useful to offer at the Recovery College, and how the co-design on the current courses might work, in partnership with MIEACT and MHJHADS.

Both courses will be held at MHCC and are free. Flyers are attached for more information on each session.

If you would like to attend, please RSVP by 14 March [education@recoverycollegeact.org](mailto:education@recoverycollegeact.org) or call 02 6249 7756

### 3.5 Recovery College course design workshops: Goal Setting and Psychotherapy

Attached are flyers for the two course development workshops, that will be held on Tuesday 19 March 2019, 10am – 12pm. If you are interested in participating, please contact Jewel McMahon by email to [Jewel.McMahon@act.gov.au](mailto:Jewel.McMahon@act.gov.au) or call 02 6205 3707.

### 3.6 Quarterly Forum: Office for Mental Health and Wellbeing

Time and Date: 12.00 - 2.00pm, Tuesday 19 March 2019

Registration: Register at [Eventbrite](#) (FREE)

Venue: Meeting Room 6, Level 1, The Griffin Centre, Canberra City

The Office for Mental Health and Wellbeing has now been established, and consultations have been held to inform the development of a shared vision and the identification of priorities for mental health and wellbeing in the ACT.

At this Forum, Dr. Elizabeth Moore will speak about her early impressions of feedback from consultations on developing a shared vision and identifying key priorities for Mental Health and Wellbeing in the ACT

Dr Moore has been a Fellow of the Royal Australian and New Zealand College of Psychiatrists for over 25 years and has worked in public, private and community settings in five states and territories. Dr Moore also volunteers with a not for profit organisation involved in youth mental health and multicultural wellbeing.

At the time of her appointment to her current role, Dr. Moore said “My focus for the Office will be underpinned by evidence-based care pathways and better coordination of services across all sectors to promote mental health recovery.

“I am also looking forward to helping create the Territory-wide mental health services needed to meet the needs of the community, from prevention and early intervention through to rehabilitation and recovery.

“To do this I’ll be working closely with carers and consumers, mental health service providers, experts in the sectors and across all ACT Government directorates to raise the prominence of and make changes to enhance mental health.”

### 3.7 Centrelink Carer Payments

Join Carers ACT for a free informative session that will provide you with the information you need to know about Centrelink Carer Payments including basic eligibility, how to apply, income and assets eligibility and how to apply for a review. Registration through [Eventbrite](#) is essential.

20 March, 10am-12pm at Carers ACT, 2/80 Beaurepaire Cres, Holt. Ph 6296 9982 or email [rsvp@carersact.org.au](mailto:rsvp@carersact.org.au)

### 3.8 Lifeline Training

Lifeline has several training options available over the next few months.

#### 3.8.1 Lifeline Volunteer Crisis Supporters Information Session

Lifeline Canberra exists to support people in crisis and save the lives of those experiencing thoughts of suicide. As an integral part of the Canberra landscape, we continue to promote community and individual resilience.

Our telephone crisis support volunteers are essential in making a difference to the lives of Canberrans who use Lifeline services. Each day our trained volunteers take almost 100 calls from people from all walks of life. Becoming a volunteer will save lives and you'll enrich your own life too.

The Crisis Supporter Workplace Training is designed to equip students with the skills and knowledge they require to undertake the crisis supporter role. The training comprises of three phases:

- Phase 1 - Blended learning (e-learning + face-to-face)
- Phase 2 - Student Placement
- Phase 3 - Probation Stage 1 + Stage 2

The duration of the training is a minimum of 170 hours to achieve Accreditation as a Lifeline Crisis Supporter and if successful, students will obtain a nationally recognised Statement of Attainment in:

- CHCCCS003 Increase the safety of individuals at risk of suicide
- CHCCCS019 Recognise and respond to crisis situations
- CHCCCS028 Provide client-centred support to people in crisis

Course cost:

- Standard \$595
- Concession \$495 (available to students, seniors and pension card holders)

To register for our next information session on Monday 18 March from 6-7pm, please email [TCSVolunteerEnquiries@act.lifeline.org.au](mailto:TCSVolunteerEnquiries@act.lifeline.org.au) or visit our website at <http://act.lifeline.org.au/volunteer/become-a-telephone-crisis-supporter/>

#### 3.8.2 Lifeline Mental Health First Aid Training

This two day course teaches adults how to assist other adults who are experiencing a mental health crisis or developing a mental health problem. Courses run from 9am - 4.30pm each day.

It discusses mental health issues such as depression, anxiety disorders, psychosis and substance use disorders as well as some of the potential crises that may arise including suicidal ideation, panic attacks, severe psychotic states and intoxication.

2019



- \* 11th - 12th April
- \* 12th - 13th June

#### Course overview

More information on the course content can be found here: <http://www.mhfa.com.au>

#### Learning outcomes

Mental Health First Aid course teaches people (18 years and over) how to offer initial support to adults who are developing a mental health problem, experiencing a worsening of an existing mental health problem or in a mental health crisis, until appropriate professional help is received or the crisis resolves. The course curriculum is evidence-based.

Course participants learn about the signs and symptoms of the common and disabling mental health problems, how to provide initial help, where and how to get professional help, what sort of help has been shown by research to be effective, and how to provide first aid in a crisis situation.

#### Location

The courses will be run from the Lifeline Canberra training room, located on Level 1 of 71 Northbourne Avenue in Civic.

#### Cost

\$400 inc GST per person (\$350 inc GST for charities/community organisations and pension card holders).

For further information on this course or to download a registration form, please visit our website <https://www.lifelinecanberra.org.au/> or contact the Lifeline Canberra training team at [training@act.lifeline.org.au](mailto:training@act.lifeline.org.au).

### 3.8.3 Lifeline Accidental Counsellor Training

Accidental Counsellor is a two-day workshop that provides participants with fundamental skills in crisis support counselling and dealing with difficult situations. The course also covers topics such as dealing with people who are angry, highly distressed, or experiencing effects of a mental illness.

Upcoming dates for Accidental Counsellor training include:

- \* 25th - 26th March (please note - at capacity)
- \* 15th - 16th April
- \* 15th - 16th May
- \* 3rd - 4th June

Participants learn the value of self-care, and strategies they can employ both at work and in their personal life to ensure their mental and physical wellbeing remains at an optimum level. Participants receive a workbook which they can refer to later to refresh the skills and knowledge gained from the course.

The course is flexible and interactive, encouraging participants to ask questions and share

their knowledge and experiences. Participants have opportunities to practice their skills and engage in self-reflection.

After completing the course, participants will:

- \* have an understanding of and be able to demonstrate active listening skills
- \* understand the foundations of developing and maintaining effective and productive relationships with their clients
- \* be able to deal appropriately with difficult situations.

The standard rate for the Accidental Counsellor course is \$550 inc GST per participant, or \$500 inc GST per participant for charities/community organisations and pension card holders.

For further information on this course or to download a registration form, please visit our website <https://www.lifelinecanberra.org.au/> or contact the Lifeline Canberra training team at [training@act.lifeline.org.au](mailto:training@act.lifeline.org.au).

### 3.8.4 Lifeline Suicide intervention ASIST Courses

LivingWorks Applied Suicide Intervention Skills Training (ASIST). ASIST equips you with the skills to help those at risk of suicide so that YOU can make a difference!  
2019

- \* 1st - 2nd April
- \* 30th - 31st May

Presented by Lifeline Canberra

Is it for me?

Do you talk with clients as part of your role?

Are your clients facing difficult life circumstances or events?

Do you ever get the feeling that something is not quite right...?

What is it?

ASIST is a two-day interactive workshop which aims to improve participants suicide awareness and prevention skills. The course is presented by LivingWorks-accredited facilitators, who use internationally standardised resources and materials. Participants are trained to recognise when a person may be at risk and how to respond to improve the immediate and long-term safety of the person at risk.

After completing the course, participants will be able to

- \* recognise the warning signs
- \* discuss suicide with a person at risk in a direct manner
- \* develop a 'safeplan' for people at risk; and
- \* help the person to keep themselves safe!

ASIST takes place over two days and runs from 9am to 5pm each day.

The standard rate for the ASIST course is \$400 inc GST per participant, or \$350 inc GST per

participant for charities/community organisations and pension card holders.

For further information on this course or to download a registration form, please visit our website <https://www.lifelinecanberra.org.au/> or contact the Lifeline Canberra training team at [training@act.lifeline.org.au](mailto:training@act.lifeline.org.au)

Enrol now, change your life, and the life of someone else...

### **3.9 Access All Areas: Health training for Health Professionals**

Improving accessibility and inclusive practice for people with disabilities in ACT health services through free experiential inclusion training for health care professionals. Created and delivered by people with disabilities.

Date and Time: Thursday March 21, 7-9pm

Venue: Belconnen Community Theatre (in Belconnen Community Centre) Swanson Crt, Belconnen

Following on from their award winning inclusion training program 'Open Doors Open Minds' in 2018, Rebus is offering a new professional development opportunity for staff of health services in the ACT to attend experiential inclusion training that's also fun. Become a champion for people with disabilities in your organisation by learning new ways to bridge the gap between policy and practice.

This free experiential inclusion training, developed and presented by people with disabilities, will look at where things can go wrong when accessing health services, and allow audiences to work together to find solutions. This free training is open to all areas of Health Services from Doctors and Nurses, to GPs and Psychologists, to Physiotherapists and Personal Trainers. This project is funded by the Australian Federal Government National Disability Insurance Agency's Information, Linkages and Capacity Building program.

Book your place via [www.rebustheatre.eventbrite.com](http://www.rebustheatre.eventbrite.com)

### 3.10 Red Flag Canberra March Update



**RED FLAG  
CANBERRA**  
Mental Health Action

redflagcanberra@gmail.com  
redflagcanberra.wixsite.com/flag

with the support of MHCCACT presents....

**March Mental Health Forum**

**Josh Vaughan**  
*CatholicCare, Canberra and Goulburn, CEO of Kinnections*  
**Liberal MLA, James Milligan**  
*Member for Yerrabi*

6pm-7:30pm  
Tuesday 26th March 2019  
Meeting Room 6, First Floor, The Griffin Centre,  
20 Genge St, Canberra City  
Free Entry

### 3.11 You are Enough Charity Event



# You Are Enough!

**CHARITY EVENT**

- ★ 3 Speakers
- ★ Live Music
- ★ Short Film\*
- ★ Prizes

Proceeds go to This Is My Brave



World Champion Para-Athlete  
Cameron Crombie



CBR Business Champion 2018  
Nina Gbor



#MYBRAVE  
STORYTELLING  
SAVES LIVES  
This Is My Brave - Producer  
Tim Daly



**When**  
Wednesday 27-Mar-2019  
6pm - 7:15pm  
**Where**  
Palace Electric Cinema  
Nishi Building, New Acton  
**Tickets:** \$20  
Booking essential on  
trybooking.com/465283



Gemanuelle Music  
Gemanuelle Magpantay

\* The heartwarming story of one woman's path to self-acceptance. Filmed in Canberra.

**SPONSORS & PARTNERS**







### 3.12 Submissions to the LGBTIQ+ Legal Audit

The Office for LGBTIQ Affairs is working with Equality Australia to undertake an audit of the Territory's laws that, directly or indirectly, discriminate against people who are lesbian, gay, bisexual, transgender, intersex, and/or queer (LGBTIQ). Equality Australia are calling for short submissions from organisations and individuals who are, or work with people who are, a part of the LGBTIQ community.

The questions to guide these submissions are:

- (1) In your experience, what key ACT laws / regulations discriminate against LGBTIQ+ people?
- (2) How should these ACT laws / regulations be amended to remove discrimination against LGBTIQ+ people?

Submissions are due 29 March 2019.

### 3.13 Call for participants: Housing and mental health consultation

Do you have a mental health condition and are having, or have had difficulties with your housing situation?

Are you:

- Aged 18 or over?
- Have a mental health condition?
- Experienced difficulties with your housing situation, including homelessness, now or in the past?

What's involved? Participation is one private, voluntary interview with a trained researcher, and/or one group discussion. Interviews will take 60-90 minutes, and the group discussion approximately 90 minutes. You will receive a \$60 voucher for the interview and/or a \$60 voucher for the group discussion as a thank you for your time and reimbursed of any travel costs.

The interviews and focus groups will be held on:  
Monday 8th April and Tuesday 9th April, 2019  
Wellways, Callam Office, Section A, Level 1, 50 Easty St, Woden

This research project is conducted by Mind Australia, working with the Australian Housing and Urban Research Institute. We are interested in understanding of the housing and mental health pathways of people with mental health issues, and the relationships between them.

- If you receive services, taking part or a decision not to take part in this study, does not have any impact on the services you receive, or your relationship with your service provider
- If you receive services, taking part does not have any impact on your services receive, or your relationship with your service provider.



Why are we interested? The evidence indicates that poor mental health is a risk factor for homelessness, and that unstable housing and homelessness are risk factors for poor mental health.

We want to learn more about people's housing and mental health experiences and preferences, by talking directly with people who have experienced mental health and housing difficulties.

It is believed this research will help improve mental health and housing systems to enable people with mental health issues to access and sustain affordable and appropriate housing.

Please contact the below if you are interested in the project and would like to know more:

Natalie Jennings

Phone: 03 9455 7016

Email: [natalie.jennings@mindaustralia.org.au](mailto:natalie.jennings@mindaustralia.org.au)

Elise Davis

Phone 03 9455 7041

Email: [elise.davis@mindaustralia.org.au](mailto:elise.davis@mindaustralia.org.au)

## 4. Position Vacancies

### 4.1 Mental Health Official Visitors

Applications are invited from suitably qualified and experienced people for appointment by the Minister for Mental Health, to Mental Health Official Visitor positions.

Mental Health Official Visitors play a vital independent role in safeguarding the standards of treatment and care and the rights and dignity of people being treated for mental illness or mental disorder. These appointments are part-time and as required.

Mental Health Official Visitors undertake the following functions:

- visit 'visitable places' as defined in the *Mental Health Act 2015* (ACT);
- report to the Minister for Mental Health on non-compliant places, and any complaints raised;
- receive/consider complaints from 'entitled persons' and others on their behalf;
- be available to talk to entitled persons or persons with concerns about an entitled person; and
- exercise any other function under the *Official Visitor Act 2012* (ACT) and the *Mental Health Act 2015* (ACT).

In accordance with the *Mental Health Act 2015* (ACT), a person must not be appointed as a Mental Health Official Visitor unless the person:

- is a legal practitioner who has not less than 5 years practising experience; or
- is a medical practitioner; or

- has been nominated by a body representing consumers of mental health services; or
- has experience and skill in the care of persons with a mental disorder or mental illness.
- 

Aboriginal and Torres Strait Islander people, Women and people from Culturally and Linguistically Diverse backgrounds are encouraged to apply.

Applicants are not eligible if you are a public servant, person with a direct interest in a contract with an approved mental health facility or mental health care provider, or a person with a financial interest in a private hospital. All persons being considered for appointment will be subject to a criminal record check and must qualify for, or be registered under, the *Working with Vulnerable People (Background Checking) Act 2011* (ACT).

Remuneration: Official Visitors are paid an hourly rate as per a determination made by the ACT Remuneration Tribunal. Mental Health Official Visitors may also claim some allowances, including for the use of a private motor vehicle, in the performance of their duties.

Term of Office: Appointment will be for up to 3 years.

How to apply: Interested applicants can obtain information by contacting Lee-Anne Rogers at [OfficeforMHW@act.gov.au](mailto:OfficeforMHW@act.gov.au) or by phoning 02 5124 9600.

Please submit a written application, of no more than two pages outlining your skills and experience and current Curriculum Vitae including contact details of at least two referees to [OfficeforMHW@act.gov.au](mailto:OfficeforMHW@act.gov.au) via email by midday 18 March 2019.

#### 4.2 Social Support Group Officer (Community Services #1)

- Contribute to an organisation who works with and supports the Canberra community
- Empower and enable aged community members to maintain their independence
- Great supportive and friendly team environment

Community Services #1 is a community based, profit for purpose organisation, managing and delivering a range of services designed to meet community needs, who are seeking an experienced person to lead their Social Support Groups in the [Community Support Services Executive Program](#) and is passionate about empowering independent living and delivering high quality services to our community clients in the local area.

The Social Support Groups focus on wellness activities, and events, to support their clients to remain independent, safe and feel supported in their own homes by providing connections to community social events.

You will have:

- experience with planning, designing, organising, facilitating and promoting social support activity programs designed to meet the needs and expectations of the clients

- experience with maintaining client records and collection of data/statistics for reporting
- a genuine desire to support people to live a higher quality of life
- strong verbal and written communication skills
- excellent time management skills

Social Support Group Officer details:

- Available immediately
- [Social, Community, Home Care & Disability Award Level 4](#) (\$33.21/hour to \$35.72/hour, commensurate with level of experience, plus superannuation and excellent salary packaging benefits)

Social Support Group Officer requirements:

- Current ACT Working with Vulnerable People card, or the ability to obtain
- Cert IV qualifications in Community Services/Lifestyle & Leisure, or equivalent work experience
- Unrestricted driver licence
- Current First Aid Certificate

If this sounds like you, apply now! Indicate your interest in this exciting opportunity by emailing your resume to [people.culture@communityservices1.org](mailto:people.culture@communityservices1.org) ASAP!

For further information please call Linda, Capability and Culture Coordinator, on 02 6126 4736 and refer to the [Social Support Group Officer position description](#)

### 4.3 Mental health education program trainer (Mental Illness Education ACT)

MIEACT have multiple Trainer positions (with casual and part-time opportunities) that will operate within MIEACT's adult community education branch. The role of the Trainer will be responsible for the delivery of MIEACT's high quality workplace and community education sessions.

Employment Type: Casual & Part Time opportunities Employment Category: Initial 3 month contract with potential for extension

Remuneration: Negotiable, pending experience Apply ASAP

Mental Illness Education ACT INC ([www.mieact.org.au](http://www.mieact.org.au)) is an innovative and well-respected community mental health educator, which, since 1993, has worked to promote understanding and awareness of mental health throughout the ACT community.

For more details and how to apply go to:

<http://www.ethicaljobs.com.au/Members/MIEACT/trainer>