



Network Bulletin

28 June 2018

Welcome to our email bulletin for this week. If you are unable to open any links or attachments, please contact the Network on 6230 5796 or email actmhcnc@actmhcnc.org.au.

Of particular note in this bulletin, the Network would like to draw your attention to the following:

- Change to Drop-In service;
- 2018 Mental Health Consumer Survey closing 29 June;
- Research participation opportunity in online mental health services;
- Clemente program accepting applications for free education; and
- Numerous position vacancies, including 2 for the Office for Mental Health and Wellbeing.

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1. Drop-In Notice

The Network is very pleased to offer a venue for consumers to drop-in for a chat and a cuppa, or to use the computers or phones for their self-advocacy needs most week days. We regret that on some occasions Drop-in needs to be closed and we are committed to informing members as early as possible when this will occur. The Network apologises for any inconvenience caused by Drop-In closures.

After another 12 months of monitoring and review, we have made the difficult decision to reduce the regularity of our Drop-In sessions. From 1 July 2018, Drop-In will now be open:

Thursdays 10am to 1pm

Once or twice per month from February through to the end of November we will arrange information and/or support sessions for consumers to encourage attendance and ensure consumers are receiving information that is important to them.

If you have any ideas for session topics, or if you have a skill you would like to share, please contact Pema by email on programs@actmhc.org.au, phone the office on 02 6230 5796 or let us know during Drop-In.

2. Upcoming Network events

2.1 2018 Mental Health Consumer Survey

A reminder that the consumer survey closes tomorrow Friday 29 June 2018. Vouchers will be posted out to recipients next week.

If you don't have a physical address or wish to remain anonymous, please bring in your completed survey to receive your voucher in person on Tuesday 3 July between 11am – 12pm.

Are you or is someone you know a mental health consumer who lives in or uses mental health services in the ACT? We define a mental health consumer as a person who identifies as having lived experience of mental illness or disorder, past or present OR who has personally used a mental health service for their own mental health needs.

If so, we'd love to receive your/their responses to our 2018 biannual survey (attached)!

What is this survey about?

The survey is designed to gather information that will help us:

- improve and focus our advocacy for mental health consumers
- improve the way we receive and use feedback from consumers

- meet the goals of our funding agreements

How long will it take?

Approximately 20 minutes

Why should I bother?

We can't promise that anything will change immediately. But we do promise to use the information you give us to improve what we do.

As thanks for your time, everyone who finishes a survey can receive either a:

- \$10 Woolworths Group (Wish) gift voucher

OR

- \$10 Coles Group gift voucher

You will need to provide your name to receive your gift voucher. However, your name will not be associated with your survey responses.

When should I return the survey?

The survey period ends on **29 June 2018** so please ensure you return it by post, email or in person by this date.

Thank you for your time!

3. For Your Information

3.1 Pets in the Park



A **FREE** vet clinic for pets belonging to people experiencing or at risk of homelessness.

(Clinics run 1st Sunday every month)

Sunday 1 July 2018

2 - 4pm

Pilgrim House,

**69 Northbourne Ave, Canberra City
(Early Morning Centre – Uniting Care)**



You will need a written referral from your service provider.

ALL pets welcome including cats. Dogs must be on a lead.

For more information infocanberra@petsinthepark.org.au

or find us on Facebook  [Pets in the Park Canberra](https://www.facebook.com/Pets-in-the-Park-Canberra)

3.2 Law For Non-Lawyers: Bankruptcy & Debt Arrangements

Bankruptcy and debt arrangements can have long-term consequences that may not be obvious to clients looking to declare bankruptcy to get a fresh start. This session will provide workers information so that they are in a better position to support clients who are considering declaring, or have declared, bankruptcy.

This session will cover the following topics:

- What 'bankruptcy' means
- What happens to debt during bankruptcy
- Debt arrangements
- Restrictions placed on a person who is bankrupt
- The impact of bankruptcy on employment and other areas of a person's life

This session will be delivered by Stephen Hundy, Partner, Worrells Solvency & Forensic Accountants.

Date: Wednesday 4 July 2018

Time: 9.30am to 11.30

Location: Legal Aid, 2 Allsop Street,
Canberra

City

Cost: FREE. Materials and morning tea included

RSVP: Via [Eventbrite link](#), phone 6243 3463 or email

carol.benda@legallaidact.org.au

3.3 Research Participation Opportunity: Engagement in online mental health services

The Engagement Project team at The Australian National University (ANU) would like to invite interested people to attend a focus group at ANU to discuss their opinions on how we can best engage people in online mental health programs to inform the development of a new intervention. Groups are scheduled for the following times:

- 12:00-1:00pm - Wednesday 4th July, 2018
- 5:00-6:00pm - Tuesday 10th July, 2018
- 1:00-2:00pm - Thursday 12th July, 2018
- 9:00-10:00am - Wednesday 18th July, 2018

The project team are looking for adults (aged 18 years or older) who have a lived experience of mild to moderate depression or anxiety, with no current severe distress or suicide plan. All participants must be fluent in English.

Participants in the focus group will be offered a \$50 gift card in appreciation of their time and effort.

The focus group discussion will take 60 minutes and be held at ANU.

Click the link to register your interest:

<http://bit.ly/emh18>

For more detailed information about the focus groups, have a look at the information attached to this email. Please share these resources with anyone who may be interested in participating!

Still have questions? Contact the Engagement Project team during business hours (9am-5pm Monday-Friday) by email to emh.engage@anu.edu.au

3.4 Community Soup Kitchen

C3 Church Watson is providing a no cost hearty two course meal with entertainment, door prizes and a message of hope to people in our community.

Please share and invite anyone who is in need of some comfort food and community - it will be an afternoon of delicious food, fun and fellowship.

When: Saturday 7th July 2018

Time: 12pm to 2.30pm

Where: C3 Church Watson, 160 Aspinall Street, Watson, 2602

If getting to this location is a challenge, there will be a bus picking people up outside Woolworths in Dickson from 11.30am.

To register for this two course lunch please call C3 Church Watson at: 6241 700

3.5 Clemente Canberra: free education program

Clemente is a free of charge Education/University program that supports marginalised and disadvantaged adults to reconnect with education to support personal growth, potential job opportunities and further study. The program is run in partnership between the St Vincent de Paul Society and the Australian Catholic University.

There are two levels of the program:

1. Pathways program: Open to most students with basic comprehension/writing skills. Pathways supports students who need to develop further skills and confidence to go onto further study or jobs requiring advanced skills. It is a broad course that teaches students how to study, how to write, how to communicate (verbal and written) and where to seek information. It is presented via a range of interesting topics and activities.

2. Certificate program: Students complete 4 university level subjects in a variety of humanities topics (1 per semester) working towards the award of Certificate in Liberal Studies from the Australian Catholic University. This tertiary award may be recognised by other education providers and many employers. Students must meet a higher standard of writing and comprehension to be admitted into the program.

The Clemente program is designed to support learning by building self-esteem, communication skills and social skills. Students are supported by teaching staff and volunteer mentors to develop a range of soft skills for success in the program and outside.

The program is suitable for a wide range of participants including those who have missed elements of their own schooling, come from disrupted households, with mental health concerns, from migrant/refugee families or having experienced addiction, domestic violence and/or homelessness.

There are currently places available to commence study in late July 2018!

If you would like any further information or would like to refer interested prospective students, please contact the Clemente Coordinator on clemente@svdp-cg.org.au or 0418 714 835.

3.6 Using Health Services in the ACT surveys

“Using Health Services in the ACT” is a guide for consumers of health services in the ACT. It was published in February 2015. This survey is to identify if any change is needed or what additions should be made in the new edition of the booklet.

These surveys are for people from a multicultural background and service providers who work with multicultural people.

Copies of the surveys are attached and can also be accessed online via the links and QR codes below:

Service Provider Survey –
<https://www.surveymonkey.com/r/3FHYBSB>



Consumer Survey link -

<https://www.surveymonkey.com/r/3N639ZZ>



4. Position Vacancies

4.1 Chief Executive Officer (ADACAS)

ADACAS is Canberra's leading individual advocacy service and are seeking a new Chief Executive Officer to lead the organisation. The CEO is responsible for the efficient management of financial, human and information resources in accordance with legislative and funding requirements. The CEO provides support to staff to ensure that they are providing a high quality advocacy service, consistent with policy and principles of advocacy and achieving good outcomes for their clients.

As CEO you will bring strong leadership skills, excellent strategic analysis and policy skills and a clear focus on delivering mission based services that achieve human rights for all. You will have a strong foundational understanding of human rights and the impact of marginalisation on people with disability and older people. You will be able to demonstrate how your human rights understanding translates into the work that you do and your leadership of the work of others. Past experience working in a rights based framework or with ADACAS' client groups will be well regarded. ADACAS would welcome an application from you if you are a person living with disability or an older person.

To be considered for the role, you must use the selection criteria and job description as a guide to preparing, a maximum of two pages outline your skills and expertise and why they make you the best person to lead ADACAS. Also provide an up to date copy of your resume along with contact details for two referees.

To obtain the role documentation download it by clicking on the link below.

<http://www.adacas.org.au/media/1111/ceo-position-adacas-application-process-selection-criteria-jun18-002.pdf>

If after reviewing the documentation, you would like to discuss your application before the closing date please email adacas@adacas.org.au or ring 02 62425060 to arrange for someone to call you back.

Applications may be provided by email to adacas@adacas.org.au and must be received by COB Friday 29 June 2018.

4.2 Project/Policy Officer (People with Disabilities ACT)

People With Disabilities ACT is seeking a person experienced in the ACT disability sector, who understands current issues and the problems facing people with disabilities in the ACT.

This part time contract position (20-30 hours a week) is based in the ACT and, is an appointment for one year, starting in July 2018.

For more information and how to apply see [PPO Job Application Pack](#)

If you have any further questions about this position, please email the Executive Officer at admin@pwdact.org.au or call 0423 931 753.

The closing date for applications is: 30 June 2018.

4.3 NDIS Support Coordinator (Belconnen Community Service)

Reporting to the NDIS Program Coordinator, the Support Coordinator is responsible for ensuring that BCS NDIS Participants Support Coordination services are delivered efficiently and effectively in accordance with participant's choices as identified within their NDIS plan.

As a Support Coordinator you will work as part of a team and be a skilled communicator who is highly organised and have great attention to detail with excellent timekeeping and case note accuracy. You will have a passion for working with people who have a disability to achieve their goals.

Ideally you will have a sound understanding of the National Disability Insurance Scheme and Agency.

The successful applicant will hold a Certificate IV in Community Services or a related discipline and/or relevant experience and knowledge, a current Driver's License with access to a road worthy, registered and comprehensively insured vehicle and a Working with Vulnerable People registration.

Aboriginal and Torres Strait Islander peoples and people with a disability are encouraged to apply for all positions at BCS.

For more information, please contact Masia Ermacora on 02 6264 0200

To apply please visit: www.bcscareers.com.au/Vacancies

Applications close Monday 2 July 2018

4.4 Finance and Administration Officer (Toora Women Inc.)

The Finance & Admin Officer is responsible for finance and administrative support to the Finance Team. Specific functions include accounts receivable and payable, payroll administration, recruitment administration, donations receipt and social housing rent management.

You will need:

- a Diploma in Finance or Business Administration or equivalent

- least 3 years' experience working in an office environment, including accounting, reception and office administration experience

All applicants MUST look to website www.toora.org.au for more information to address criteria before applying for this position.

Women only applicants please as per section s 34(1) of the Discrimination Act 1991. Aboriginal and CALD women encouraged to apply.

Applications close Monday 2 July 2018.

4.5 Coordinator General (Office for Mental Health and Wellbeing)

The ACT Office for Mental Health and Wellbeing is a whole-of-government initiative which will be responsible for developing a Territory-wide strategy for mental health. Drawing on national and international best practice, the Office will focus on change management and systemic quality improvement across the entire continuum of mental health care.

Reporting to the Director General of ACT Health, and in consultation with the ACT Minister for Mental Health and other Ministers as necessary, your primary focus will be on the development of an innovative change agenda underpinning the strategic direction for the new Office.

As Coordinator General you will identify and pursue opportunities to engage health service stakeholders/clients, resolve issues and facilitate improved service delivery outcomes. You will work closely with government and non-government organisations and represent the ACT Government in a range of public settings. You will also be required to keep abreast of key issues and emerging trends relating to mental health matters and to provide regular reports to Cabinet, the Legislative Assembly and the ACT community.

To be a strong contender for this important and high-profile role, you will need to have a demonstrated track record of successfully leading a significant change management program in a complex, politically sensitive and operationally diverse environment.

You will have an impressive strategic perspective and previous experience in leading and implementing reform, preferably in health care service delivery, an innovative approach to complex problem solving and a clear focus on delivering outcomes. You will also have a demonstrated ability to engage critical senior stakeholders and the personal qualities necessary to influence outcomes through collaboration and consensus. Relevant tertiary qualifications will be required.

Before applying, please obtain selection documentation by emailing admin@ianhansen.com.au.

For further information, please contact Ian Hansen on 0408 306 769.

Applications close on 8 July 2018.

4.6 Change Leaders (Office for Mental Health and Wellbeing)

Operating as a change agent for mental health reform the ACT Office for Mental Health and Wellbeing:

- Identifies opportunities for quality improvement across the entire continuum of mental health care;
- Supports responsible agencies and people to address these opportunities; and
- Reports on progress.

Under the broad direction the Coordinator General Office for Mental Health, the Change Leader/s are responsible for the provision of leadership regarding the change management portfolio of sector improvement initiatives embarked on by the Office for Mental Health. Core responsibilities for the Change Leader include analytics, quality improvement activities, system design, the identification and application of evidence and community consultation and engagement with a key focus is on turning research and evidence into sustainable practice.

More information about this position, including eligibility/other requirements, as well as a full position description and selection criteria are available on the following link:

<https://acthealth.taleo.net/careersection/external/jobdetail.ftl?job=01DTV&tz=GMT%2B10%3A00>

Note these are temporary positions available for a period of three years with the possibility of extension.

How to Apply

To complete your application, you must prepare responses to the Selection Criteria and upload this as part of your application along with a current curriculum vitae. For more information on how to apply go to <http://www.health.act.gov.au/employment/how-apply>

For further information about the position and a copy of the performance expectations and jobs demands checklist, please contact the Contact Officer, Amber Shuhyta on (02) 6205 3763 or email amber.shuhyta@act.gov.au.

Closing Date for applications is 11:59 PM Thursday 12 July 2018.